

MCCSC Connah's Quay to Chester Roller Ski Tour

Sunday 12th August 2018

We will have two chances to get out and join others roller skiing soon with a 1 hour skiing event on Saturday and the Alan Shepherd Memorial roller ski tour planned on Sunday to ski on one of his favourite routes to Chester.

Saturday 11 August

The Lakeland Club will be organising their annual roller ski 1 Hour event in Lancaster. Start time 1pm
Contact Mike Smith mhsmith@ktdbroadband.com

Sunday 12th August

We are starting from Connah's Quay and heading to Chester and returning via the same route.

It is a good opportunity for newer skiers - or those that haven't been out on rollers for a while - to practise their skills on an easy, sociable tour.

Duration

c. 16miles for round trip to Chester and back.

Start

09.45 am ready for a 10.00 am start at Connah's Quay car park, Approx post code CH5 4DS.
Continue as far as you can through the car park and you should see some friendly faces ready to start roller skiing.

Tour Description

Along the River Dee from Connah's Quay to Chester. An easy tour on a very flat smooth track that is suitable for either skating or classic, but especially suited for skating. The distance is about 8 miles from Connah's Quay to Chester where we will have lunch at Telford's Warehouse before returning to Connah's Quay. There is the option of taking the train back, though it is a bit of a hike to the station in Chester.

Cyclists are also welcome.

Refreshments

Lunch is planned at Telford's at the half way point of the tour. Telford's is a popular bar-cum-restaurant in the canal basin at Chester.

You are advised to take nibbles and drinks on the tour. Appropriate clothing in case the weather is less than kind is recommended.

Directions

If coming from the east along the A494, take the B5129 exit towards Queensferry. At the roundabout take the 4th exit onto Chester Rd E/B5129. After 2.0 miles, turn right on Dock Road and follow it to the car park at the end. If you miss the turning, you can take the next right and it will connect with Dock Road approx post code CH5 4DS.

There is an alternative route on therollerskirectory.org.uk, where you can also see a map of the route, and lots more details about it.

Note that there are no toilets at Connah's Quay, so you may wish to call in at the M56 Chester Services on the way.

Loan of Gear

If you need any roller ski gear for the tour, please contact Alison at rollerski@mccsc.org.uk **before Wednesday 8 August 2018** supplying details of shoe size, approx. pole length and type of roller ski wanted (classic/ skate), as necessary.

It is recommended that you bring a cycle helmet and gloves.

Please only contact Alison if you wish to hire gear.

Tour Contact

Steve Briggs [\[cr0ft1@hotmail.co.uk\]](mailto:cr0ft1@hotmail.co.uk), 07976 930089]. Please email contact if you intend joining tour (even if not hiring gear).

Please **book** in for the tour by contacting Steve **before Wednesday 8 August 2018** so that a lunch table can be reserved to accommodate everyone.